Mind as a Social Factor

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After many centuries of exclusive study of the soul the thinkers of the world turned their attention for some centuries more to the study of the intellect. During all this time, the true influence of mind as a social factor was left quite out of view. At last there rose up the scientific philosophy which essayed to explain the nature of mind. Its dependence upon organisation in general and upon brain in particular was proved by scientific experimentation, and the domain of metaphysics became that of psychology. Mind was shown to be a function of body and psychology became a department of biology. Man has now taken his true position in the animal world as a product of development. Brain, which alone raises him above other animals, has been developed in the same manner as the other anatomical characters. The brain is the organ of the mind, its physical seat and cause. Mind is therefore a natural product of evolution, and its achievements are to be classed and studied along with all other natural phenomena. Such is the scientific conception of mind.

The modern scientist places all objects in the midst of an infinite series of antecedents and consequents. Organic forms as well as inorganic must take their places in this series—the animal no less than the plant, the man no less than the beast. Mind itself is a link of this endless chain. Its activities consist in the transmission of the properties of its antecedents to its consequents. The quantity of force in the universe is constant. No power can increase or diminish it. All attempts on the part of the creatures of this constant and unchangeable force to modify its normal effects are not less vain because such creatures happen to have acquired the faculty of observing the changes going on in nature.

The protracted study of nature’s processes leads to admiration of them, and the belief has become prevalent that they are not only unalterable but also in some way necessarily beneficent.

Nature has made great progress in developing organised beings and is assumed to be still working in this direction. The natural method is always the true method, and to find it out is the aim of all scientific investigation. Out of this earnest and laudable strife to discover the true method of nature has grown, logically-enough, the assumption that when found it must be something of great worth. It is commonly supposed that the highest wisdom of man is to learn and then to follow the ways of nature. Those dissatisfied people who would improve upon the natural course of events are rebuked as meddlers with the unalterable. Their systems are declared Utopian, their laws bruta fulmina. All efforts in this direction are held to be trifling and are stigmatised as so many ignorant attempts to nullify the immutable laws of nature.

This general mode of reasoning is carried into all departments of human life.

In government every attempt to improve the condition of the state is condemned and denounced.
Curiously enough, here the claim is illogically made that such measures are harmful. In fact, unfortunately for the whole theory, they have often been proved to be so. But this, of course, proves their efficacy. This glaring inconsistency is, however, overlooked, and government is implored, not to adopt wise and successful measures, but to refrain from adopting any, to let society alone, and thus allow the laws of nature to work out their beneficent results.

In commerce and trade absolute freedom is insisted upon. Free trade is the watchword of this entire school. The laws of trade, they maintain, are natural laws. As such they must be better than any human rules. And here again we find them insisting that regulation is injurious to trade, although it is at the same time declared to be nugatory.

In social affairs these doctrines are carried to their extreme logical outcome. The laws of nature as they manifest themselves in society must be left wholly untouched. The passions of men will neutralise and regulate themselves. Competition can be depended upon to correct abuses. The seller must be allowed to exaggerate and misstate the nature of his wares. This has the effect to sharpen the wits of the buyer, and this develops the brain. To dilute, adulterate, or even poison food and medicine for personal gain is not objectionable, since the destruction thereby of a few unwary consumers only proves their unfitness to survive in society. As in general commerce, so in private business, competition must be free. If a dealer, by selling at a loss, can hold out until all his competitors have been driven from the field, in order then to recover more than his losses by the monopoly he will enjoy, his right to do this must not be questioned. It is under such conditions and by the aid of such discipline that man and society have developed.

Education must be that of experience. Knowledge must be gained by efforts to avoid the consequences of ignorance already felt. The intellectual development of the child must be an epitome of that of the race. It is thus only that nature operates, and surely nature is greater and wiser than man.

All schemes of social reform are unscientific. Public charities tend to bolster up unworthy elements in society that nature has declared unfit to survive. Temperance reforms tend only to abridge individual liberty—for even the liberty to destroy one’s self should be respected. Philanthropy is zeal without knowledge, while humanitarianism is fanaticism.

This general class of views antedated by many years the publication by Spencer and Darwin of their formulated doctrines of the “survival of the fittest” and “natural selection”. But it cannot be denied that these doctrines, supported as they were by facts fresh from nature, have greatly strengthened this habit of thought. Nature’s method is now much better known than formerly, and it is now well understood that an utterly soulless competition constitutes its fundamental characteristic. Surely man cannot go astray in following in the footsteps of nature. Let him learn from the animal world. He has descended from some of the humble stocks which he is now studying. Nature’s plan has raised him from the condition of a beast to that of a rational being. It has created and developed society and civilisation. Unless tampered with by “reformers” all the operations of society would be competitive. Competition is the law of nature out of which progress results. Sociology, as its founder insisted, must be based on biology, and the true sociologist must understand this biologic law. Those who propose to apply methods to society which are opposed to the methods of nature are supposed to be ignorant of these fundamental truths and are called empiricists, “meddlers,” and “tinkers."

Such, I say, is the tenor and tendency of modern scientific thought. I do not say that all scientific men hold these views. I merely maintain that leading ones have formulated and inculcated them as natural deductions from the established facts of science, and that the public mind is rapidly assimilating them, while scarcely any attempts are being made to check their advance.[1]

Is there any way of answering these arguments? Can the laissez faire doctrine be successfully met? That all attempts to do this have been timidly made cannot be denied. That these have been few and feeble is equally certain. While there has existed in the minds of many rational persons a vague sense of some hidden fallacy in all this reasoning, none have felt competent to formulate their objections with
sufficient clearness and force to warrant pitting them against the resistless stream of concurrent science and philosophy of the nineteenth century. There has, however, been developing of late a more or less marked apprehension with regard to the possible consequences of this mode of thought. The feeling is distinct in the best minds, and to a large extent in the public mind, that the tendency of modern ideas is nihilistic. It is clear that if they become universally accepted they must work stagnation in society. The laissez faire doctrine is a gospel of inaction, the scientific creed is struck with sterility, the policy of resigning all into the hands of Nature is a surrender.

But this recognition is by no means proof that the prevalent opinions are false. At best it can only suggest this on the ground that true doctrines should be progressive. But this would be a petitio principii. Nature is not optimistic, still less anthropo-centric. For aught we know, the laws of nature are such as make a recognition of strict scientific truth a positive barrier to social advancement. The argument we have been considering must be refuted, if at all, by legitimate counter-argument.

The present attempt to meet some parts of this argument is made in full consciousness of its strength as a factor in modern thought and with due deference to the great names that stand committed to it. The scientific facts which its defenders have brought to its support are, in the main, incontestable. To answer by denying these would be to abjure science and deserve contempt. The method of nature has been correctly interpreted. The doctrines of the survival of the fittest and natural selection are perfectly true doctrines. The law of competition is the fundamental law. It is unquestionably true that progress, not only in primary organic development, but also in society, has resulted from the action of this law.

After conceding all this, the attempt, notwithstanding, to stem the tide of modern scientific thought must, indeed, seem a hopeless one. At the outset it must be frankly acknowledged that if the current views are unsound the fault is not chargeable to science. If there is any defect it must lie in the inferences drawn from the facts and not in the facts themselves. To what extent, then, is the laissez faire doctrine, as defined and popularly accepted, an inference? If the method of nature is correctly formulated by that doctrine, wherein lies the fallacy when it is applied to man and to society?

In order to grapple at once with the whole problem let me answer these questions by the open charge that the modern scientific philosophers fail to recognise the true value of the psychic factor. Just as the metaphysicians lost their bearings by an empty worship of mind and made philosophy a plaything, so the modern evolutionists have missed their mark by degrading mind to a level with mechanical force. They seem thus about to fling away the grand results that the doctrine of evolution cannot otherwise fail to achieve. Far be it from me to appeal to the prejudices of the enemies of science by casting opprobrium upon scientific deductions, but when I consider the tendencies which are now so unmistakable, and which are so certainly the consequence of the protracted study, on the part of leading scientists, of the unquestionable methods of nature, I think I can, though holding precisely opposite opinions, fully sympathise with Carlyle in characterising the philosophy of evolution as a “gospel of dirt “.

But I need not longer dwell upon the blighting influence of this construction of the known laws of nature. Let us approach the kernel of the problem.

The laissez faire doctrine fails to recognise that, in the development of mind, a virtually new power was introduced into the world. To say that this has been done is no startling announcement. It is no more than has taken place many times in the course of the evolution of living and feeling beings out of the tenuous, nebulae of space. For, while it is true that nature makes no leaps, while, so long as we consider their beginning, all the great steps in evolution are due to minute increments repeated through vast periods, still, when we survey the whole field, as we must do to comprehend the scheme, and contrast the extremes, we find that nature has been making a series of enormous strides, and reaching from one plane of development to another. It is these independent achievements of evolution that the true philosopher must study.

Not to mention the great steps in the cosmical history of the solar system and of the earth, we must
regard the evolution of protoplasm, the “physical basis of life,” as one of those gigantic strides which thenceforth completely revolutionised the surface of our planet. The development of the cell as the unit of organisation was another such stride. The origin of vertebrate life introduced a new element, and the birth of man wrought still another transformation. These are only a few of nature’s revolutions. Many more will suggest themselves. And although, in no single one of these cases can it be said at what exact point the new essence commenced to exist, although the development of all these several expressions of Nature’s method of concentrating her hitherto diffused forces was accomplished through an unbroken series of minute transitional increments continued through eons of time, still, it is not a whit less true that each of these grand products of evolution, when at length fully formed, constituted a new cosmic energy, and proceeded to stamp all future products and processes with a character hitherto wholly unknown upon the globe.

It is in this sense, and in this only, that I claim the development of mind—of the thinking, reasoning, inventing faculty of the human brain—as another, and one of the best marked, of the great cosmic strides that have characterised the course of evolution and belong to the legitimate methods of nature.

It is, for example, only to a limited extent and in the most general way that we can apply the same canons to the organic as to the inorganic world. It is usually, but falsely, supposed that the student of biology need know nothing of physics, the assumption being that they have nothing in common. While this error is fatal to all fundamental acquaintance with the laws of life, it well illustrates the immensity of the advance from one realm to the other. The same could be said, in varying degrees of obviousness, of every one of the ascending steps to which reference has been made. I freely admit that the theologians and metaphysicians commit the most fatal error in treating the soul, or mind, as independent of the body, but this enormous fallacy is scarcely greater than that of the modern evolutionist, who, finding out their dependence, ignores the magnitude of the step by which mind was made a property of body, and proceeds as though no new factor had entered into the world.

But all this may be regarded as mere generality, Let us come to something more specific.

It has always been a marvel to my comprehension that wise men and philosophers, when smitten with the specious logic of the laissez faire school, can close their eyes to the most obtrusive fact that civilisation presents. In spite of the influence of philosophy, all forms of which have thus far been negative and nihilistic, the human animal, with his growing intellect, has still ever realised the power that is vouchsafed through mind, and has ever exercised that power. Philosophy would have long since robbed him of it and caused his early extermination from the earth but for the persistence, through heredity, of the impulse to exercise in self-preservation every power in his possession; by which practice alone he first gained his ascendency ages before philosophy began.

The great fact, then, to which I allude is that, in spite of all philosophy, whether mythologic, metaphysical, or naturalistic, declaring that man must and can do nothing, he has, from the very dawn of his intelligence, been transforming the entire surface of the planet he inhabits. No other animal performs anything comparable to what man performs. This is solely because no other possesses the developed psychic faculty.

If we analyse mind into its two departments, sense and intellect, we shall see that it is through this latter faculty that these results are accomplished. If we inquire more closely into the mode by which intellect operates, we shall find that it serves as a guiding power to those natural forces with which it is acquainted (and no others), directing them into channels of human advantage. If we seek for a single term by which to characterise with precision the nature of this process, we find this in Invention. The essential characteristic of all intellectual action is invention.

Glancing now at the ensemble of human achievement, which may be collectively called civilisation, we readily see that it is all the result of this inventive process. All practical art is merely the product of successful invention, and it requires no undue expansion of the term, nor extraordinary power of generalisation, to see in all human institutions only modified forms of arts, and true products of the
intellectual, or inventive, faculty.

But what is the general result of all this? An entirely new dispensation has been given to the world. All the materials and forces of nature have been thus placed completely under the control of one of the otherwise least powerful of the creatures inhabiting the earth. He has only to know them in order to become their master. Nature has thus been made the servant of man. Thus only has man succeeded in peopling the entire globe while all other animals are restricted to narrow faunal areas. He has also peopled certain portions far more densely than any other species could have done, and he seems destined to continue multiplying his numbers for a long time yet in the future. But this quantitative proof is even less telling than the qualitative. When we confine our attention to the elite of mankind we do not need to have the ways specified in detail by which the powers of mind have exalted the intellectual being above all other products of creation. At the present moment the most dense and the most enlightened populations of the globe occupy what are termed temperate latitudes, which means latitudes in which for from three to five months each year vegetation ceases entirely, the waters are locked in ice, and the temperature frequently sinks far below the zero of the Fahrenheit thermometer. Imagine the thin-skinned, furless animal man subsisting in such a climate. Extinguish his fires, banish his clothing, blot out the habitations that deck the civilized landscape. How long would the puny race survive? But these are not products of nature, they are products of art, the wages of thought—fruits of the intellect.

When a well-clothed philosopher on a bitter winter's night sits in a warm room well lighted for his purpose and writes on paper with pen and ink in the arbitrary characters of a highly developed language the statement that civilisation is the result of natural laws, and that man's duty is to let nature alone so that untrammeled it may work out a higher civilisation, he simply ignores every circumstance of his existence and deliberately closes his eyes to every fact within the range of his faculties. If man had acted upon his theory there would have been no civilisation, and our philosopher would have remained a troglodyte.

But how shall we distinguish this human, or anthropic, method from the method of nature? Simply by reversing all the definitions. Art is the antithesis of nature. If we call one the natural method we must call the other the artificial method. If nature's process is rightly named natural selection, man's process is artificial selection. The survival of the fittest is simply the survival of the strong, which implies, and might as well be called, the destruction of the weak. And if nature progresses through the destruction of the weak, man progresses through the protection of the weak. This is the essential distinction.

In human society the psychic power has operated to secure the protection of the weak in two distinct ways: first, by increasing the supply of the necessities of life, and, secondly, by preventing the destruction of life through the enemies of man. The immediate instrumentality through which the first of these processes is carried on is art, the product of invention. The second process takes place through the establishment of positive institutions.

It is difficult to say which of these agencies has been most effective. Both were always indispensable, and therefore all comparison is unprofitable.

Art operates to protect the weak against adverse surroundings. It is directed against natural forces, chiefly physical. By thus defeating the destructive influences of the elements and hostile forms of life, and by forcing nature to yield an unnatural supply of man's necessities, many who would have succumbed from inability to resist these adverse agencies—the feebler members of society—were able to survive, and population increased and expanded. While no one openly denies this, there is a tendency either to ignore it in politico-economic discussions, or to deny its application to them as an answer to naturalistic arguments.

If, on the other hand, we inquire into the nature of human institutions, we shall perceive that they are of three kinds, tending to protect the weak in three ways, or ascending degrees. These three successively higher means through which this end is attained are, first, Justice, second, Morality, and third, Charity.
These forms of action have been reached through the development, respectively, of the three corresponding sentiments: Equity, Beneficence, and Benevolence.

All of these altruistic sentiments are wholly unknown, or known only in the merest embryo, to all animals below man, and therefore no such means of protection exist among them. They are strictly human, or anthropic. Many evolutionists fail to recognise this. Some sociologists refuse to admit it. They look about and see so much injustice, immorality and rapacity that they are led to suppose that only natural methods are in operation in society. This is a great mistake. In point of fact, the keener the sense of justice the more conspicuous the diminishing number of violations of it come to appear, and conversely, the obviousness of injustice proves the general prevalence of justice. It is the same with morality and philanthropy.

If we consider the effect of these three codes of human conduct in the direction of enabling the weaker ones to survive we shall see that it has been immense. Out of the first has arisen government, the chief value and function of which has always been and still is such protection. Great systems of jurisprudence have been elaborated, engrossing the attention of a large portion of the population of enlightened as well as of barbaric states. To say that these have been failures because often weighted with grave defects is to misinterpret history and misunderstand society. No one could probably be found to gainsay that the moral law of society has exerted a salutary influence, yet its aim is strictly altruistic, opposed to the law of the survival of the fittest, and wholly in the direction of enabling those to survive who would not survive without its protection. Finally, the last sentiment to be developed, and doubtless the highest, is so universally recognised as peculiar to man that his very name has been given to it—the sentiment of humanity. Yet the mode of protecting the weak arising out of this sentiment is the one that has been most seriously called in question by the naturalistic school. It must be admitted that humanitarian institutions have done far less good than either juridical or ethical institutions. The sentiment itself is of recent origin, the product only of highly developed and greatly refined mental organisation. It exists to an appreciable degree only in a minute fraction of the most enlightened populations. It is rarely directed with judgment; no fixed, self-enforcing code of conduct, as in the other cases, having had time to take shape. The institutions established to enforce it are for the most part poorly supported, badly managed, and often founded on a total misconception of human nature and of the true mode of attaining the end in view. Hence they are specially open to attack. But if ever humanitarian sentiments become diffused throughout the body politic, become the object of deep study, as have those of justice and right, it may be confidently predicted that society will prove itself capable of caring for the most unfortunate of its members in a manner that shall not work demoralisation.

In all these ways man, through his intelligence, has laboured successfully to resist the law of nature. His success is conclusively demonstrated by a comparison of his condition with that of other species of animals. No other cause can be assigned for his superiority. How can the naturalistic philosophers shut their eyes to such obvious facts? Yet, what is their attitude? They condemn all attempts to protect the weak, whether by private or public methods. They claim that it deteriorates the race by enabling the unfit to survive and transmit their inferiority. This is true only in certain cases of hereditary diseases or mental deficiencies, which should be taken account of by man because they are not by nature. Nothing is easier than to show that the unrestricted competition of nature does not secure the survival of the fittest possible, but only of the actually fittest, and in every attempt man makes to obtain something fitter than this actual fittest he succeeds, as witness improved breeds of animals and grafts of fruits. Now, the human method of protecting the weak deals in some such way with men. It not only increases the number but improves the quality.

But “government,” at least, must _laisser faire_. It must not “meddle” with natural laws. The laws of trade, business, social intercourse, are natural laws, immutable and indestructible. All interference with them is vain. The fallacy here is a _non sequitur_. It may be readily granted that these laws are immutable and indestructible. Were this not the case it would certainly be hopeless to interfere with their action. But every mechanical invention proves that nothing is easier than to interfere successfully with the operation of these uniform natural forces. They have only to be first thoroughly understood and then
they are easily controlled. To destroy a force is one thing, to control its action is quite another. Those who talk in this way involve themselves in the most palpable inconsistency. They must not be allowed to stop where they do. They must go on and carry their strictures to a logical conclusion. They must deny to government the right to protect its citizens from injustice. This is a clear interference with the natural laws of society. They must deny to society the right to enforce its code of morals. Nothing is more unnatural. They must suppress the healing art which keeps the sick from dying as they do among animals. Nor is this all. They must condemn all interference with physical laws and natural forces. To dam a stream must be characterised as a “vain” attempt to overcome a natural law. The wind must be left free to blow where it will, and not be forced against the fan of a wind-mill. The vapour of heated water must be allowed to float off naturally into the air and not be pent up in a steam-boiler and thence conducted into the cylinder of a steam-engine. All these things and every other device of inventive man are so many attempts to “violate” the laws of nature, which is declared impossible.

What then remains of the laissez faire doctrine? Nothing but this: That it is useless, and may be dangerous, to attempt to control natural forces until their character is first well understood. This is a proposition which is true for every department of force, and does not involve the surrender of the whole domain of sociology after it has been demonstrated that society is a theatre of forces.

The truth thus comes forth from a rational study of nature and human society that social progress has been due only in very slight degree to natural evolution as accomplished through the survival of the fittest, and its chief success has resulted from the reduction of competition in the struggle for existence and the protection of the weaker members. Such competition, in so far as it has been permitted to operate, has tended to lower the standard of the fittest and to check advancement. It is not, of course, claimed that the natural method has ever been fully overcome. It has always operated, and still operates, powerfully in many ways. It has been chiefly in the simpler departments of physical and mechanical phenomena that the psychic, or anthropic, method has superseded it. The inventive arts have been the result. Vital forces have yielded to some extent to the influence of mind in bringing about improved stocks of animals and vegetables, and even certain social laws have come under rational control through the establishment of institutions. Still, every step in this progress has been contested. It was not enough that the intellect was feeble and ill-fitted to grapple with such problems. It was not enough that ignorance of nature’s laws should cause unnumbered failures. A still stronger barrier was presented by the intellect itself in the form of positive error embodied in philosophy. As already remarked, philosophy has always been negative and nihilistic, and has steadily antagonised the common sense of mankind. It is only quite recently that there has come into existence anything like a truly positive philosophy, i.e., a philosophy of action. The intellectual power of enlightened man has at length become sufficient to grasp the problems of social life. A large body of truth has been accumulated by which to be guided in their solution. Positive error in the drawing of false conclusions from established facts is now the chief obstacle. Rational interpretation has come to prevail in all the lower departments of phenomena. It is chiefly in the complex departments of psychic and social action that error still holds sway. Nothing remains to be done but to apply the established canons of science to these higher fields of activity. Here there is still competition. Here the weaker still go to the wall. Here the strong are still the fittest to survive. Here Nature still practises her costly selection which always involves the destruction of the defenceless. The demand is for still further reduction of competition, still greater interference with the operations of natural forces, still more complete control of the laws of nature, and still more absolute supremacy of the psychic over the natural method of evolution.

These ends will be secured in proportion as the true nature of mind is understood. When nature comes to be regarded as passive and man as active, instead of the reverse as now, when human action is recognised as the most important of all forms of action, and when the power of the human intellect over vital, psychic and social phenomena is practically conceded, then, and then only, can man justly claim to have risen out of the animal and fully to have entered the human stage of development.

[1] The social philosophy of Mr. Herbert Spencer possesses this tone throughout, and his disciples, particularly in America, delight in going even farther than their master. The most extreme statement of
the *laissez faire* doctrine known to me is that of Prof. W. G. Sumner, in his recent work *Social Glasses*.

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